

NOSEnews

JULY 2025



President's Report

Kevin C. Welch, MD,
FACS, FARS

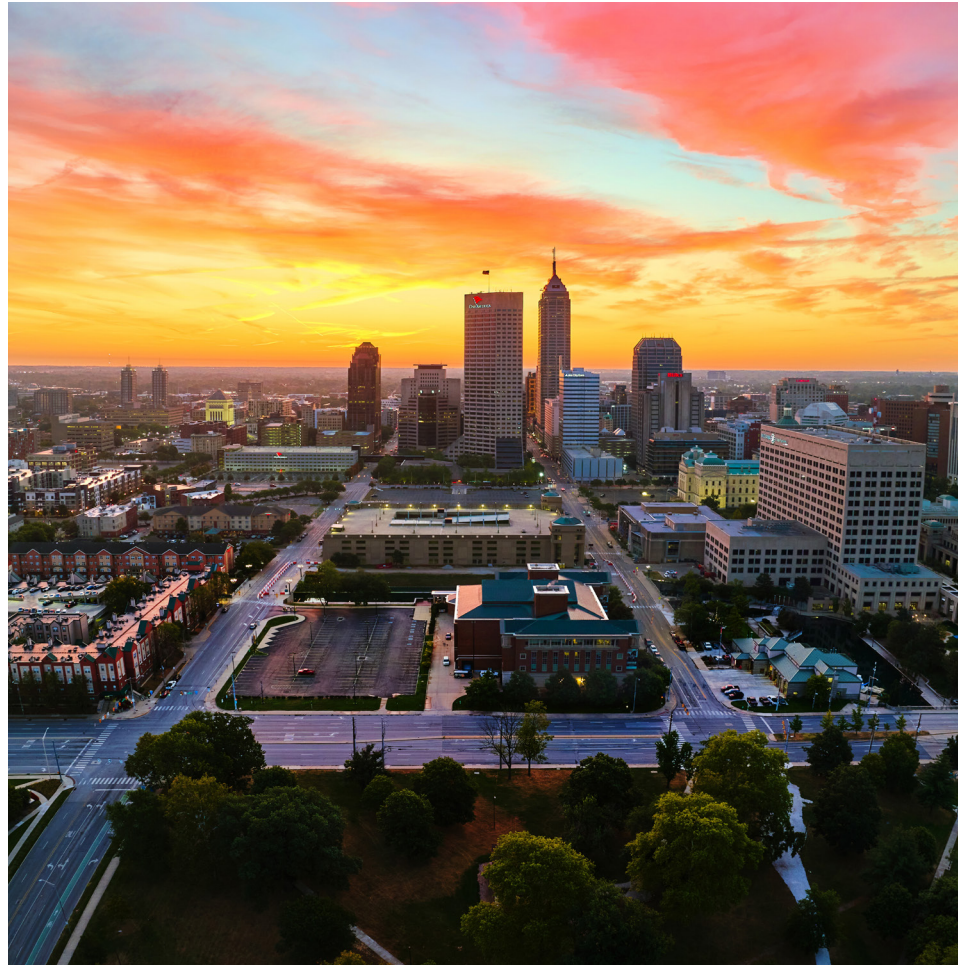
Dear Colleagues,

On behalf of the ARS, and with great appreciation for the Course Directors, I enthusiastically invite and welcome you to the Summer Sinus Symposium, which will be held at the Manchester Grand Hyatt, San Diego, CA, July 10-12, 2025.

Behind the support of Michael Setzen (president of the ARS in 2012) – Rick Chandra and I helped develop the first Summer Sinus Symposium in Chicago. Over the years, the Summer Sinus Symposium has exploded in popularity – primarily due to the many excellent course directors and the unmatched faculty that have reframed, reimagined, and reinvigorated the conference into what it is today: The World's Best Sinus Course! The Summer Sinus Symposium highlights and explores the very core of what we rhinologists do, and that's taking care of patients. By having experts in the ARS give state of the art, yet clinically relevant, talks and by moderating panels that discuss controversies in patient management, attendees have opportunities to stay on the cutting edge of clinical rhinology. As you can see, this is THE meeting during which we all can learn innovative rhinologic pearls.

As I look behind on our spring meeting in conjunction with COSM in New

Continued on page 2



Don't miss the ARS Fall Meeting in Indianapolis, IN on October 9-11, 2025! *See details inside.*

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President-Elect Update

Amber Luong, MD, PhD, President-Elect, American Rhinologic Society

The recent American Rhinologic Society (ARS) COSM meeting in New Orleans was a resounding success, showcasing the vibrancy and innovation within our field. Among the many highlights, we celebrated groundbreaking research with the Basic Science Research Award going to Dr. Carol Yan's group for their abstract titled "*Persistent Interferon Signaling Underlies Post-influenza Olfactory Dysfunction in a Murine Model System.*" The Clinical Science Research Award was presented to Dr. Naweed Chowdhury as senior author for "*Exploring the PM2.5 Associated Inflammatory Endotype of Chronic Rhinosinusitis.*"

We were also proud to support the next generation of rhinologists by awarding five \$500 travel grants to residents and fellows selected for oral presentations. Beyond the science, attendees engaged in dynamic discussions across eight panels covering topics such as artificial intelligence in rhinology, immunomodulation in CRS, translating ideas into companies, skull base techniques, perioperative care best practices, and cybersecurity in healthcare.

While we're all looking forward to the **Summer Sinus Symposium**, preparations are well underway for the **Fall**

ARS meeting in Indianapolis. [Registration](#) and [hotel booking](#) are now open for this exciting event, taking place October 9–11, 2025. The meeting will kick off Thursday with a resident dissection course and a leadership symposium hosted by the **Women in Rhinology Section**. Throughout the weekend, various sections and committees will host special symposia. Scientific sessions begin Friday at noon, featuring top-rated abstracts in both basic and clinical science, and will include the prestigious **Hwang Family Lectureship** delivered by Dr. Troy Woodard. Friday evening promises fun and camaraderie at the **President's Reception**, with live music from the **Nashvegas All Stars Band** — featuring our own *Mickey Stewart on drums!*

Saturday will be packed with high-caliber scientific presentations and staggered panels designed to foster deep discussion and collaboration. The meeting will conclude on a high note with the **David Kennedy Lectureship**, delivered by Dr. Rodney Schlosser.

We're excited to bring the community together again in Indianapolis and look forward to sharing more program details in the coming months. *Mark your calendars*—we hope to see you there!

ARS Elects New VP of Development and Strategic Initiatives

Kevin C. Welch, MD, FARS; Michael Stewart, MD, FARS; Brent Senior, MD, FARS



Greg Davis, MD, FARS

It is with great enthusiasm that we announce the selection of Dr. Greg Davis as the next Vice President of Development and Strategic Initiatives of the American Rhinologic Society.

Dr. Davis has cultivated long-standing relationships with both the ARS leadership and with our industry partners through his ongoing clinical and research initiatives. We are confident that his tireless efforts and partnership with our corporate

supporters will expand our reach, influence, and success. He will officially assume the role at the conclusion of the ARS Annual Meeting in Indianapolis in October 2025. We would also like to take this opportunity to extend our deepest

gratitude to our current VP of Development and Strategic Initiatives, Dr. Brent Senior. As our first VPDSI, Dr. Senior made this role indispensable, and he has been instrumental in advancing the mission and vision of the ARS for the past 5 years. His unwavering dedication and creative solutions have positioned the ARS for continued success with our corporate supporters, and we are grateful for his service.

We also extend our heartfelt appreciation to each candidate that applied for the VPDSI role. Your interest and commitment to advancing our mission is greatly valued. Finally, we wish to thank the members of the Board of Directors for their commitment to the ARS and to selecting the best candidate to lead the ARS into the future. Please join us as we congratulate Dr. Davis on his new role.

President's Report, cont'd.

Orleans, I want to thank Dr. Amber Luong and the Program Committee for building a fantastic educational program. Our members continue to submit increasing numbers of abstracts each year, and the quality of those submissions continues to impress. We had an excellent Board of Directors meeting during which we formally welcomed our incoming EVP, Dr. Brent Senior. We are also grateful to Dr. Michael Stewart for his nearly 6 years of dedication to the ARS as outgoing EVP. Our Board of Directors and Committee Chairs continue to perform at high levels and to grow the quality of education and the outreach of our society. My sincere thanks goes out to all members of the Board of Directors, to all Committee Chairs and Members, and to our exceptionally dedicated Administrative Staff.

New ARS CORE Grant-Writing Development Program for Faculty

Corinna G. Levine MD, MPH, FARS, FACS; Elisa A Illing, MD, FARS



Corinna G. Levine, MD, MPH, FARS, FACS

We are thrilled to introduce a new ARS-sponsored **CORE Grant-Writing Development Program** designed specifically for faculty in the early stages of their research careers. This structured, hands-on program

will guide participants step-by-step through the grant development process, with tailored feedback and dedicated mentorship to help turn research ideas into competitive grant proposals.

This program was created in direct response to requests from ARS members seeking structured support in launching their research careers. We recognize that many talented faculty members are eager to develop impactful research programs but lack access to formal training in grant writing. Our goal is to bridge this gap by providing a focused, high-impact experience that supports participants from project conception through CORE grant submission.

The program targets faculty who are within their first 1–5 years post-fellowship. Exceptional mid-career applicants who want to develop a research career will be considered on a case-by-case basis. The ideal candidate will have a strong interest in learning how to write a high-quality, fundable research grant, be involved in a viable research project in development, and have a committed primary research mentor at their home institution. Applications open June 15 and close July 11th. The program is open to all qualifying ARS faculty members in academic, private, or hospital-based practice. The program will run from August 2025 through January 2026, culminating in a submission for a CORE ARS grant.

The goal of this course is to prepare participants to submit a competitive CORE grant application in the winter following the program year. Applicants must demonstrate their commitment to this goal and meet all eligibility criteria. Faculty who have already served as a PI on external grant funding (e.g., NIH, DOD, PCORI) or previously received a CORE grant as a fellow or faculty are not eligible. Applicants with internal pilot funding or who serve as Co-Investigators on other awards are welcome to apply, provided they have no pending submissions to NIH, DOD, PCORI, or equivalent.

Program Structure

- **One in-person session** in October (3.5–4 hours), held immediately before the ARS meeting (Thursday Oct 9th Afternoon).
- **Five virtual group sessions** on Zoom (2 hours each), including a mix of:
 - » 1 hour of lecture/interactive content on key grant-writing topics
 - » 1 hour of peer and faculty feedback and discussion
- **Six individual one-on-one sessions** scheduled outside the formal program:
 - » Four sessions with fellow participants for peer feedback
 - » Two sessions with course faculty for expert guidance
- **Mentor participation:** Each participant's primary mentor will join one Zoom session (1 hour) during the program

Application Requirements (Due July 11):

- **A Specific Aims page** (1 page, Arial 12pt, 0.5" margins)
- A brief (≤500 words) **statement of interest**, outlining why you want to join this program
- **A letter of support** signed by your department chair and division head, confirming:

- » Protected time to attend all sessions
- » A minimum of 15% research effort for the grant time period if the CORE grant is funded
- **One mentor letter of commitment**, confirming their role in your project and participation in the program
- **Your current CV**

This program offers a unique opportunity for early-career faculty to acquire the tools, receive valuable feedback, and establish the structure necessary to craft a compelling grant application, advance their research objectives, and secure future funding. We look forward to supporting the next generation of clinician-scientists through this rigorous and supportive program.

To Apply:

Email your full application with all attachments to **both** of the addresses below **by July 11**, using the subject line:

"ARS CORE Grant-Writing Development Program"

- Corinna.levine@miami.edu
- Eilling@iu.edu

The Women in Rhinology (WiR) Section Summer Update

Devyani Lal, MD



Devyani Lal, MD

The Women in Rhinology (WiR) Section of the ARS provides a networking, leadership and mentoring forum for women interested in the care of rhinologic diseases. WiR events feature topics such as

career, leadership, and strategic planning while providing networking opportunities. Although the mission focuses on women rhinologists, we encourage and invite all ARS members to attend.

WiR is pleased to invite all full ARS members to join us for a new WiR-sponsored workshop program, *"Enhancing Essential Leadership Skills:"* on Thursday October 9th, 2025 at 4pm. This 2.5-hour workshop will be conducted on the evening prior to the ARS Annual meeting and will be followed by an ARS-hosted

reception featuring networking with ARS Leaders. The workshop will focus on fostering leadership skills and learning from experienced mentors in the field of rhinology. It highlights WiR and ARS leadership's commitment to supporting growth among current and future leaders. Topics to be discussed include: *Building your team; Leading for motivation and commitment; Leadership styles; Building influence; Strategic thinking and planning and Leadership lessons learnt.* Participants will be required to pre-register. Limited spots (40) are available, so please register as soon as registration details are shared.

We also invite you to join the **WiR networking event** at the 2025 Summer Sinus Symposium. The event is scheduled for Saturday, July 12, 2025, from 5:30 p.m. to 6:30 p.m. in the Bayview Room on the 32nd floor of the Manchester Grand Hyatt San Diego.

In other great news, the 2025

Centralized Otolaryngology Research Effort (CORE) ARS Women in Rhinology Research Grant Sponsored by Medtronic was awarded to WiR leader, Lauren T. Roland, MD, MSCI from Washington University at St. Louis for her proposal titled Development of a targeted therapeutic option for invasive fungal sinusitis. Dr Roland shines also as the recipient of the prestigious **2025 Edmund Prince Fowler Award** for her work entitled *"The Role of Proteases in Epithelial Dysregulation in Invasive Fungal Sinusitis"*. This is a proud moment for rhinologists, even more so as the 2024 Edmund Prince Fowler Award also went to another WiR member, Devyani Lal, MD, FARS for her thesis, *"Multi-Omics Study of Chronic Rhinosinusitis via Joint Dimensional Reduction Analysis of DNA Methylation, mRNA and Cytokine Expression Reveals Novel Insights into the Pathogenesis"*

We wish you all a wonderful summer of growth!

2025 Friends in Research Donations

Diamond

Michael Stewart, MD, FARS

Platinum

J. Noble Anderson, MD
Michael Armstrong, MD
Roy Casiano, MD, FARS
Chris Davis, MD
Greg Davis, MD, FARS
The Eloy Family Charitable Fund
David Kennedy, MD, FARS & Elina
Toskala, MD, FARS
Devyani Lal, MD, FARS
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Sarah Wise, MD, FARS

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Eyad Khabbaz, MD

Tran Locke, MD, FARS
Michael Marino, MD, FARS
Austin Rose, MD, FARS
Christopher Roxbury, MD, FARS
B. Todd Schaeffer, MD

Bronze

Sanford Archer MD, FARS
Rohit Bawa, MD
Daniel Beswick, MD, FARS
Rohit Garg, MD, FARS
Nyall London, MD, FARS

Friend

Carolyn Orgain, MD
Annette Pham, MD
Jessica Southwood, MD
Hisham Wasl, MD

As of 6/21/25



Benefits of ARS Membership

Membership in the American Rhinologic Society provides critical support that strengthens its ability to speak out on behalf of you, and all those practicing rhinology. The ARS promotes excellence in clinical care, investigation and education in Rhinology.

The ARS is dedicated to providing communication and fellowship to its members through ongoing continuing medical education, economic and social programs.

Your membership in the ARS places you in a highly respected professional organization that has a significant and far-reaching impact on the subspecialty of Rhinology. The ARS is dedicated to promoting excellence in clinical care, investigation, education, and patient advocacy in the field of rhinology.

Membership benefits include:

- Complimentary subscription to the Society's prestigious peer-reviewed journal, International Forum of Allergy and Rhinology
- Opportunity to join leadership and participate in standing committees of the Society to develop and implement programs to advance the interests of the specialty
- Networking in the largest group of Rhinologists worldwide
- Discounted meeting registration for the Society's annual meeting
- Information and opportunities for action on legislative and regulatory issues affecting rhinology and sinus surgery
- Member listing on the ARS Membership Directory
- Online services and personal web page on the ARS network
- "Find a Specialist" listing on the ARS web page making you contact information available to patients and referring physicians
- Access to members only section of webpage which includes advocacy, coding strategies, position statements, education and research and much more
- Patient Education Handouts
- Patient and Caregivers section of website
- Webinars and how to videos for members only
- ARS Endoscopic Surgical Dissection Video Series
- Complimentary subscription the Society's newsletter, Nose News
- Discounted rates for educational products and services offered by the Society
- Early access to third-party symposia associated with ARS meetings
- Discounted services and early access to other services and products provided by the Society
- Advocacy and representation on issues that influence the field of rhinology including those that establish physician reimbursement

JOIN AT: <https://www.american-rhinologic.org/NewMember.cfm>

Fellow of the American Rhinologic Society (FARS)

For this issue of Nose News, we would like to encourage all members to explore the possibility of becoming a Fellow of the American Rhinologic Society (FARS). This special membership category is an exceptional way to show your expertise in the field of Rhinology, your dedication to rhinologic practice, and your support of the American Rhinologic Society. Please visit the website, <http://www.american-rhinologic.org/fars> to learn more about the application process and the necessary qualifications. We encourage every ARS member to investigate this option and apply if they are interested. Current ARS members seeking FARS designation can submit a letter of intent, an updated curriculum vitae, a rhinologic case log and sponsorship letters from two FARS members to membership@amrhso.org. Currently there are over 200 FARS members in our society, and we would like our entire membership to be aware of this special distinction. Please inquire about this membership category, especially if you are interested in becoming more involved in the ARS. We look forward to your application!

Forgot to pay your dues? Renew now! Call 973-545-2735 or renew online at
<https://www.american-rhinologic.org/NewMember.cfm>

ARS 2025 Summer Sinus Symposium Update

Course Directors



Naveen
Bhandarkar,
MD, FARS



Rohit Garg, MD,
FARS



Stella Lee, MD



Justin Turner,
MD, FARS



Troy Woodard,
MD, FARS

[It is not too late to register!](#) Join us for the 14th Annual **American Rhinologic Society Summer Sinus Symposium**, taking place **July 10-12, 2025** at the luxurious Manchester Grand Hyatt in beautiful San Diego. This year's program is curated to offer an exceptional, highly focused two-day experience, packed with the most relevant and practical insights in rhinology, skull base surgery, allergy, and the business of medicine. The interactive panels will explore contemporary topics, featuring expert discussions and real-world applications that you can implement in your practice immediately. Whether you're looking to refine your surgical techniques, gain new insights into managing complex cases, or stay ahead of the latest trends in the field, this symposium has something for everyone.

As part of the educational program, the symposium will again include several cadaver prosections, providing an opportunity to observe technical surgical pearls and best practices. These sessions are designed to elevate your skills and confidence in the operating room. We have also planned a signature event with a live band performance, along with several other high-yield networking opportunities to reconnect with colleagues and forge new professional relationships. San Diego offers the perfect setting for both learning and relaxation with its stunning views, family-friendly attractions, and perfect summer climate. Don't miss out—this will undoubtedly be one of the best Summer Sinus Symposia yet!

International Forum of Allergy & Rhinology Reviewer Recognition

At IFAR, we believe that authors should receive collegial, fair, thoughtful, and expeditious reviews of their work. Timeliness of review is a critical and an under-emphasized issue in many journals. Except in unique circumstances, unnecessarily delayed reviews are, at best, non-collegial and, at worst, hold up the advance of science. At IFAR, we believe authors should be treated with great respect throughout the review process, including timeliness of reviews.

Peer review is thankless work and voluntary. Peer reviewers offer criticism and/or praise to challenge thinking, provide honest

feedback, and ultimately improve the scientific method. This is a great service to our specialty, the profession of medicine, and to humankind.

The editorial board, Associate Editors, and Editors greatly appreciate the below-named **TOP REVIEWERS** for the reviews they submitted in 2024:

Dara Adams
Omar Ahmed
Saad Alsaleh
Noel Ayoub
Regan Bergmark
Dan Beswick
Christopher Brook
Nikita Chapurin
Do-Yeon Cho
Garret Choby

Naweed Chowdhury
Cecelia Damask
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Ashleigh Halderman
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Ashoke Khanwalkar
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Daniel Spielman
Dennis Tang
Pongsakorn Tantilipikorn
Brian Thorp
Charles Tong
Justin Turner
Alan Workman
Dawei Wu
Carol Yan
William Yao

Allergy in Rhinology Annual Update



Chadi Makary,
MD, FACS

The AiR Section continues to grow and thrive in 2025, now with over 50 active members dedicated to advancing the role of allergy and immunology in upper airway diseases, including rhinitis and rhinosinusitis.

At the 2025 ARS Meeting at COSM in New Orleans, AiR proudly sponsored two panels:

- Current and Future Research Directions in Allergic Fungal Rhinosinusitis (Dr. Lauren Roland)
- The Role of Immunomodulators and Autoimmune/Rheumatologic Diseases in CRS (Dr. Chadi Makary)

Looking ahead, AiR is actively preparing for multiple panels at the upcoming Summer Sinus Symposium (San Diego). At SSS, the AiR Section will lead five panels on Saturday afternoon, covering in-office treatments for chronic rhinitis, controversies in allergen immunotherapy, and the management of recalcitrant CRS with and without nasal polyps. We are grateful to the ARS leadership for their continued support and for integrating AiR into core educational programming.



Corinna G.
Levine, MD,
MPH, FARS,
FACS

Announcing the 2025 ARS Mentorship Program: Building Connections, Advancing Careers

Corinna G. Levine MD, MPH, FARS, FACS

The American Rhinologic Society (ARS) is excited to announce the 2025-26 launch of its ARS Mentorship Program, a year-long initiative designed to foster meaningful

mentorship relationships across all levels of training and professional development. Whether you're a resident exploring fellowship options, an early-career faculty member navigating your first years in practice, or a mid-career clinician planning your next professional step, this program offers tailored mentorship opportunities to help you grow.

Program Overview

The ARS Mentorship Program pairs junior ARS members with experienced rhinologists to promote Professional and academic development

- Research and grant-writing mentorship
- Networking within the rhinology community
- Career growth strategy and leadership planning

The program runs from September 2025 through September 2026 and includes three distinct mentorship tracks, designed to meet the needs of ARS members at different stages of their careers:

1. Residents & Fellows Mentorship Track

This track connects senior residents and rhinology fellows with junior ARS mentors (less than 5 years out of training). The focus is on fellowship applications, job search strategies, and transitioning successfully into early career roles. It's an opportunity for new trainees to gain valuable insight from those who've recently walked the same path.

2. Early Faculty Mentorship Track

Open to faculty within the first 1–5 years after fellowship, this track pairs junior faculty with experienced ARS mentors who are 6+ years out of training. New for 2025, the Early Faculty track includes two parallel paths to reflect the diversity of ARS membership:

- Academic Practice Mentors
- Private Practice/Hospital-Based Mentors

This track offers individualized guidance on clinical development, research strategy, work-life balance, leadership growth, and, for those pursuing research, support on navigating early-career grant opportunities. It's ideal for faculty looking to build long-term, sustainable careers in rhinology.

3. Mid-Career Mentorship Track

This unique track matches mid-career ARS members (7+ years out of training) with mentors from the ARS Past Presidents' Council and/or senior ARS Board members. These high-level mentor relationships offer a strategic perspective on leadership roles, career

advancement, and broader contributions to the field of rhinology.

Program Commitment & Expectations

The ARS Mentorship Program is designed to be flexible and impactful. Each mentor-mentee pair commits to:

- At least two meetings per year, either virtually or in-person at ARS events
- Ongoing dialogue focused on career development, leadership skills, and personal growth

The program also continues to align with the Women in Rhinology Mentorship Program and supports early-career mentorship for those interested in research and grant funding.

How to Get Involved

We are currently recruiting both mentors and mentees for all tracks. Eligible participants include:

- **Residents & Fellows** in Otolaryngology
- **Junior Faculty** (≤6 years post-fellowship)
- **Mid-Career Faculty** (≥7 years post-fellowship)

Whether you're seeking guidance or looking to give back by mentoring the next generation, the ARS Mentorship Program is your opportunity to build lasting professional relationships within the rhinology community.

Applications open in June—see your ARS email for more details and [click the link](#) to apply! *Let us help you grow.* Join the 2025 ARS Mentorship Program and become part of something meaningful.



71st Annual Meeting

October 9-11, 2025

Marriott Indianapolis East, Indianapolis, IN

Highlights:

ARS Welcome of Faculty, International Guests, and Industry Partners to CASINO NIGHT

President's Reception featuring NASHVEGAS ALL STARS BAND

Residents Course & Reception

Women in Rhinology Leadership Symposium

Allergy in Rhinology Breakfast Session

Fall Film Festival

Morning Mixer with Poster Viewing

International Roundtable

Residents & Fellows/Rhinologists in Private Practice Lunch Session

21st David Kennedy Lectureship

4th Annual Hwang Family Lectureship

Symposia Sessions

Guest Countries: India, Taiwan, Thailand



Meeting Registration: <https://registration.socio.events/e/arsannual2024>

Housing: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1747829501119&key=GRP&questreslink2=true&app=resvlink>

Contact: Wendi Perez, ARS Executive Administrator
Tel: 973-545-2735, Ext. 4105 Email: wendi@american-rhinologic.org

american-rhinologic.org

Twitter / Facebook / Instagram: @amrhinosociety