



# Newsletter

## AMERICAN RHINOLOGIC SOCIETY

Dr. George W. Facer, Secretary • 1-507-284-3410  
Mayo Clinic • 200 1st Street S.W. • Rochester, MN 55905

FEBRUARY, 1990

VOLUME 14, NO. 1

### DR. HAROLD ARLEN NAMED PRESIDENT OF THE AMERICAN RHINOLOGIC SOCIETY FOR YEAR 1990

At the 35th Annual Scientific Meeting of the American Rhinologic Society held in New Orleans, Louisiana, on September 23, 1989, Dr. Harold Arlen, South Plainfield, New Jersey, was elevated to President. Dr. Arlen has served as a member of the Board of Directors, and successively 2nd Vice-President, 1st Vice-President, President-Elect, and Course Coordinator for the past year. Dr. Arlen has a particular interest in the teaching of rhinology including diseases of the paranasal sinuses. He also has a well recognized expertise in the field of temporomandibular joint dysfunction. He is interested in developing an increased interest in the American Rhinologic Society and particularly increasing the membership stressing the established teachings of Dr. Maurice H. Cottle as well as developing new information concerning the physiology of the nose.

### PRESIDENTIAL MESSAGE

I'm happy to report that the ARS is continuing to grow both in numbers and in academic achievements. The increase in membership is necessary to keep our organization viable and in the mainstream of otorhinolaryngology. My aim is to have the teachings of the ARS searched out by all otolaryngologists.

It has been a great privilege, as President Elect, to be the Program Chairman for the past two academic meetings. It is a pleasure to report that the speakers ranged from resident physicians to the most notable of our profession. The resident contest was of special interest during the last program. Presentations were chosen from the many submitted and were very well received by the attendees.

I'm very excited by the fact that two dissection courses are in the planning stages. If they come about as planned, functional surgery will again be taught at the dissection



level. Dr. Cottle was always very explicit that the ARS fulfill this need in our specialty.

A review of our last academic meeting in New Orleans would show that it was an outstanding symposium on the complications of sinus surgery. I would like to point out to all present and future members that the society is as interested in the medical and surgical treatment of the para-nasal sinuses as it is in functional nasal treatment. I believe that none of our otolaryngological societies have devoted enough time and effort to the para-nasal sinuses. This was, therefore, a need that was met by the ARS.

It is, indeed, a pleasure to report that the official journal of the American Academy of Otolaryngology - Head and Neck Surgery is also the official publication of the American Rhinologic Society. All papers presented at the meetings can, thereby, be accepted for publication when properly presented.

I invite any and all members of the Society to contact me with any ideas they may have to further the endeavors of the Society. I wish to thank the nominating committee and the membership for the honor they have bestowed upon me. It would be impossible to thank individually the members that have taught me so much about rhinology. I am happy to be an integral part of an organization that is so devoted to teaching its members and, thereby, helping patients.

## NEW OFFICERS FOR 1989-90

President	Harold Arlen, M.D. South Plainfield, New Jersey
President-Elect	Pierre Arbour, M.D. Temple, Texas
Treasurer	Eugene B. Kern, M.D. Rochester, Minnesota
Secretary	George W. Facer, M.D. Rochester, Minnesota
Assistant Secretary	Pat Barelli, M.D. Shawnee Mission, Kansas
1st Vice-President	Fred Stucker, M.D. Shreveport, Louisiana
2nd Vice-President	David Kennedy, M.D. Baltimore, Maryland

Board of Directors	No. of Years
Donald Leopold, M.D. .... Immediate Past President Syracuse, New York	
Alvin Katz, M.D. .... Past President New York, New York	
Meron Levitats, M.D. .... 3 of 3 Hollywood, FL	
Gerald Zahtz, M.D. .... 3 of 3 New Hyde Park, New York	
Frank Lucente, M.D. .... 2 of 3 New York, New York	
David Fairbanks, M.D. .... 2 of 3 Washington, D.C.	
Anthony Yonkers, M.D. .... 1 of 3 Omaha, Nebraska	
Bruce Jafek, M.D. .... 1 of 3 Denver, Colorado	

### Consultants to the Board

Vijay Anand, M.D.  
New York, New York  
Sanford Hoffman, M.D.  
Buffalo, New York  
William Lawson, M.D.  
New York, New York  
Heinz Stammberger, M.D.  
Graz, Austria

## FUTURE MEETINGS

**American Rhinologic Society Spring Meeting -**  
Saturday, April 28, 1990, Breakers Hotel,  
Palm Beach, Florida

**36th Annual Scientific Meeting**  
Saturday, September 8, 1990  
San Diego, California

## GOLDEN HEAD MIRROR HONOR AWARD

### For Meritorious Sharing in the Service of Rhinology

Walter J. Aagesen	*Clifford F. Lake
Tomas I. Azuara	W. Kaye Locklin
Pat A. Barelli	Walter E. E. Loch
Fred W. Beck	*Roland M. Loring
Carlos G. Benavides	*Henry Merriman
*Bernard Blomfield	Lewis E. Morrison
*Max Bornstein	William J. Neidlinger
Jamie Carrillo	Leon Neiman
James Chessen	*Joseph H. Ogura
*Maurice H. Cottle	Harold Owens
Efrain Davalas	Charles J. Petrillo
*H.A.E. van Dishoeck	Ivan W. Philpott
George H. Drumheller	Nevus Pinto
Glenn Drumheller	Loring W. Pratt
Larry E. Duberstein	Federico Reyes
George Facer	Ralph H. Riggs
*Anthony Failla	Zvi Henry Rosen
George G. Fischer	Pieter H. Schmidt
Douglas W. Frerichs	Thomas C. Smersh
*Amos D. Friend	Maynard P. Smith
Irwin E. Gaynon	*Pinckney W. Snelling
*Norman E. Ginsberg	Carl B. Sputh
Vernon D. Gray	Albert Steiner
Harvey C. Gunderson	*Sydney L. Stevens
*Richard B. Hadley	Georgio Sul senti
*Robert M. Hansen	Edward A. Swartz
*Edward W. Harris	William H. Tenney
*Raymond L. Hilsinger	*H. Ashton Thomas
*Kenneth H. Hinderer	Charles A. Tucker
Leland R. House	Richard C. Webster
Gerald F. Joseph	Alvin P. Wenger
Alvin Katz	Joseph W. West
Eugene B. Kern	*Manuel R. Wexler
John A. Kirchner	*Henry L. Williams
*Daniel D. Klaff	Russell I. Williams
Zvonimir Krajina	

\*Deceased

Dear Dr. Leopold,

Thank you for the Honorable Mention Award and opportunity to present my paper, "Nasal Schwannoma", at the recent American Rhinologic Society Annual Scientific Meeting in New Orleans, Louisiana. I enjoyed and learned a great deal during the course of the day. I have donated a portion of the cash award to the Charles Cummings Resident Research Fund at the University of Washington Department of Otolaryngology-Head and Neck Surgery.

Congratulations on an excellent program in New Orleans. The papers read before the Society were very interesting and informative. Once again, thank you for the time, effort and expense of fostering resident physician interest and participation in rhinology and the American Rhinologic Society.

Please let me know if I may facilitate submission of this case report to Otolaryngology-Head and Neck Surgery by providing additional manuscripts.

Sincerely,

*Thomas R. Pasie*

Thomas R. Pasie, MD  
Resident Physician

## THE "DR. KENNETH H. HINDERER MEMORIAL LECTURE"

1990 marks the 10th anniversary of the passing of Dr. Kenneth H. Hinderer.

To honor Dr. Hinderer's memory, a "Dr. Kenneth H. Hinderer Memorial Lecture" will be given by Dr. Fausto Lopez Infante of Mexico City, Mexico, titled "Revision Surgery of the Nasal Pyramid" at the Annual Scientific Meeting of the American Rhinologic Society on September the 8th, 1990, in San Diego.

As a young otorhinolaryngologist, after serving with the Army in WWII, Dr. Hinderer was one of the first to attend Dr. Samuel Fomon's courses in nasal surgery along with Dr. Maurice Cottle and Dr. Irving Goldman and many of the pioneers of modern rhinology. He realized then that the surgical concepts of rhinoplasty used for esthetic surgery of the nose could also be applied to the relief of nasal stenosis. This experience was to mark all his professional life. In 1954 he joined with Dr. Cottle and a few dedicated colleagues to found the American Rhinologic Society of which he became president in 1958.

In the fifties, otolaryngologists were mainly trained in the classic "submucous resection." Surgery of the pyramid was thought to be indicated for correction of cosmetic anomalies. As a matter of fact, it was common practice then to have the operation of the septum done by an otolaryngologist and later in a second stage, a rhinoplasty was performed by a plastic surgeon. Along with Dr. Cottle, Dr. Hinderer felt the need to teach the concept and techniques of functional combined surgery of the septum and pyramid for the relief of nasal obstruction. In the early sixties with the support of Dr. Raymond Jordan, Director of the Eye and Ear Hospital in Pittsburgh, Dr. Hinderer organized a one week course: "The Fundamentals of Surgery of the Nose." This course covered all aspects of the basic sciences necessary to perform physiological and functional surgery of the nasal septum and pyramid for the relief of nasal obstruction and restoration of normal external appearance. Thanks to his dedication and energy and to a superb faculty, this course presented an ideal balance between formal teaching, laboratory, live surgery and dialogue between teachers and students. For over a decade this course was one of the most respected instruments in dissemination of the concept of functional surgery of the nose to hundreds of otolaryngologists from the USA, Mexico and abroad.

Not satisfied with an excellent course manual and numerous publications, Dr. Hinderer went on to crystallize the contemporary concepts of rhinologic surgery in a textbook "Fundamentals of Anatomy and Surgery of the Nose," published by Aesculapius Publishing Company in 1970, with a second edition a few years later. In 1990, this book still remains a good reference to the global

approach to surgery of the nose and "it demonstrates that as pleasing a cosmetic result can be had when the surgery is done for the correction of respiratory deficiencies as can be secured when cosmesis is the only end in view" as noted by Dr. Henry L. Williams in the introduction.

A genuine rhinology clinician, Dr. Hinderer realized the importance of allergy as an important cause of nasal symptoms and he became one of the early members of the American Ophthalmologic and Otolaryngologic Allergy Society. He was able to give his patients of those days comprehensive rhinologic management.

Dr. Hinderer also realized the importance of "hands on" training for otolaryngologists and he initiated a fellowship in Rhinology at the University of Pittsburgh. I was fortunate to be the first beneficiary of this fellowship in 1967 and I will be forever grateful not only for his scientific teaching, but also for his influence as a clinician and wonderful human being.

Like many interested in the respiratory function of the nose, he spent considerable amount of time and energy in developing a technique to evaluate nasal resistance in the context of global respiration. Unfortunately, life proved to be too short for him to achieve his lifelong dream.

In the early days of developing rhinology, teaching courses was the principal instrument of learning and Dr. Hinderer with Dr. Cottle and many colleagues of the ARS participated in more than one hundred courses. He was attending one of the very excellent courses directed by Dr. Pat Barelli in Kansas City in 1980 when he was struck by the condition which was to take him away a few months later.

The rhinologists of today and the American Rhinologic Society owe Dr. Hinderer a great debt for his teaching and contributions to physiologic nasal surgery. To honor his memory and to promote the teaching of aerodynamics and surgery of the nose, a yearly "Dr. Kenneth H. Hinderer Memorial Lecture" will be part of the Annual Scientific Meeting of our Society. For the first year, marking the 10th anniversary of Dr. Hinderer's passing, the American Rhinologic Society has gratefully received a donation from Mrs. Marion Hinderer. A "Dr. Kenneth H. Hinderer Memorial Fund" has been established for continuing this lectureship in future years and contributions can be made directly to this special fund.

Pierre Arbour, MD, FRCS(C)  
President-elect  
American Rhinologic Society

# AMERICAN RHINOLOGIC SOCIETY SPRING MEETING

Saturday, April 28, 1990  
Breakers Hotel Palm Beach, Florida

**The objective of the meeting** is to provide modern physiology and pharmacology of the nasal mucosa for the rational management of nasal obstruction and rhinorrhea and also an update on esthetic and functional surgery of the nose.

**The target physicians** are otorhinolaryngologists, plastic surgeons, allergists, and all residents involved in medical or surgical management of nasal conditions.

Nine (9) hours CME credit will be granted.

---

## BOARD OF DIRECTORS MEETING

Friday, April 27, 1990  
6:00 p.m.

---

Howard Levine, M.D.; Cleveland, Ohio  
Richard Mabry, M.D.; Dallas, Texas  
Donald Nalebuff, M.D.; Taeneck, New Jersey

## Saturday, April 28, 1990

Room North B & C - morning  
Room Starlight A - afternoon

- 8:00 a.m. Presidential Address  
Harold Arlen, M.D.; South Plainfield, New Jersey
- 8:10 a.m. Introduction  
Pierre Arbour, M.D.; Temple, Texas
- 8:20 a.m. "Diagnosis of Allergy in Disturbances of the Nasal Mucosa"  
Donald Nalebuff, M.D.; Taeneck, New Jersey
- 8:50 a.m. "Role of the Autonomic Nervous System and Mediators of Inflammation in Rhinitis"  
Joel Bernstein, M.D., Ph.D.; Buffalo, New York
- 9:20 a.m. "The Mechanism of Action of Commonly Used Nasal Drugs"  
Richard Jackson, Ph.D.; Atlanta, Georgia  
Part I- decongestants, antihistamines, atropine
- 9:40 a.m. Part II- topically active drugs including cocaine
- 10:00 a.m. "Electron Microscopy of the Nasal Mucosa in Allergy and Idiopathic Vasomotor Rhinitis"  
Volker Jahnke, M.D.; Berlin, West Germany
- 10:20 a.m. Coffee Break
- 10:45 a.m. "Sinusitis Triggered Rhinopathy"  
Michael Benninger, M.D.; Sterling Heights, Michigan
- 11:05 a.m. Discussion  
David Kennedy, M.D.; Baltimore, Maryland
- 11:15 a.m. "Modern Management of the Inferior Turbinate in Nasal Obstruction" - Round Table  
Moderator: Frank Lucente, M.D.; New York, New York  
Pannelists:  
Volker Jahnke, M.D.; Berlin, West Germany  
Eugene Kern, M.D.; Rochester, Minnesota  
Charles Kimmelman, M.D.; New York, New York

- 12:30 p.m. Lunch  
"Endoscopic Sinus Surgery: Endangered Species or Thriving Youth"  
Moderator: Meron Levitats, M.D.; Hollywood, Florida
- 2:00 p.m. "Surgical Implication of Embryology and Developmental Anatomy of the Nose"  
Arthur Hengerer, M.D.; Rochester, New York
- 2:20 p.m. "Management of Nasal Profile - Options for Reduction and Augmentation"  
Karen Calhoun, M.D.; Galveston, Texas
- 2:40 p.m. "Esthetic and Functional Impact of Nasal Tip Surgery"  
Fausto Lopez Infante, M.D.; Mexico D.F., Mexico
- 3:00 p.m. "The Understanding and Correction of the Crooked Nose"  
David Ellis, M.D.; Toronto, Canada
- 3:20 p.m. "Skeletal and Soft Tissue Surgery of the Ethnic Nose"  
Fred Stucker, M.D.; Shreveport, Louisiana
- 3:40 p.m. Discussion and refreshments
- 4:00 p.m. "Special Problems in Surgery of the Nose" - Round Table  
Moderator: Pierre Arbour, M.D.; Temple, Texas  
Pannelists:  
Karen Calhoun, M.D.; Galveston, Texas  
David Ellis, M.D.; Toronto, Canada  
Arthur Hengerer, M.D.; Rochester, New York  
Leon Neiman, M.D.; Akron, Ohio  
Fred Stucker, M.D.; Shreveport, Louisiana
- 5:00 p.m. Adjournment
- 6:30 p.m. Wine/Cheese Reception

Lunch sponsored by Allen & Hanburys, Division of Glaxo.  
Wine/Cheese Reception sponsored by ICS Medical Corporation. Printing for the program supported by Meridian Bio-Medical Inc. General financial contribution to the program by Fissons and Merrell Dow U.S.A.

## NEW MEMBERS OF THE AMERICAN RHINOLOGIC SOCIETY

At the 35th Annual Meeting of the American Rhinologic Society in New Orleans, Louisiana, on September 22, 1989, and at the recent Board of Directors meeting on December 2, 1989, in New York, the following members were recognized:

### Elevated to Life Fellow:

Charles Finn, M.D., Mequon, Wisconsin; Bernard Green, M.D., West Islip, New York.

### Elevated to Full Membership:

Awany Abdou, M.D., Johnson City, New York; Marcus Albarnaz, M.D., Charleston, South Carolina; Ronald Amedee, M.D., New Orleans, Louisiana; Ann Bogard, M.D., Winston-Salem, North Carolina; Gregory Branham, M.D., St. Louis, Missouri; Kristin Brodie, M.D., Syracuse, New York; Kevin Browne, M.D., Oklahoma City, Oklahoma; Duc Minh Bui, M.D., Westminster, California; Roman Chaban, M.D., Ontario, Canada; Phadung Chadaratana, M.D., St. Louis, Missouri; Charles Clark, III, M.D., Durham, North Carolina; Michael D'Anton, M.D., New York, New York; Junior De Freitas, M.D., New York, New York; Anthony De Gennaro, M.D., Starr, New York; Richard DeVore, M.D., Cleveland, Ohio; Thomas Dobleman, M.D., Chicago, Illinois; Dean Drezner, M.D., Philadelphia, Pennsylvania; James Duncavage, M.D., Nashville, Tennessee; Jonathan Ferguson, M.D., Rockford, Illinois; Kathleen Fitch, M.D., Norfolk, Virginia; Gary Flom, M.D., St. Louis, Missouri; Alvin Glasgold, M.D., Highland Park, New Jersey; Elliot Goldofsky, M.D., New Hyde Park, New York; Robert Guida, M.D., New York, New York; S. A. Harmon, M.D., Indianapolis, Indiana; Geoffrey Harter, M.D., Farmington, Connecticut; Bruce Jafek, M.D., Denver, Colorado; Cornelius Jansen, M.D., Baltimore, Maryland; Bennie Jarvis, M.D., Morgantown, West Virginia; Dwight Jones, M.D., Omaha, Nebraska; Jordan Josephson, M.D., Baltimore, Maryland; Kriston Kent, M.D., Gainesville, Florida; Jeffrey King, M.D., Chicago, Illinois; Gwen Korovin, M.D., New York, New York; Daniel Kuriloff, M.D., New York, New York; Richard Kurtz, M.D., Indianapolis, Indiana; David Lewis, M.D., Louisville, Kentucky; Valerie Lund, M.S., London, England; Richard Mabry, M.D., Dallas, Texas; Mark May, M.D., Pittsburgh, Pennsylvania; Thomas McCaffrey, M.D., Rochester, Minnesota; Pradip Mistry, M.D., Norfolk, Nebraska; Y. M. Naci, M.D., Stratford, Connecticut; Thomas Nielsen, M.D., Chicago, Illinois; John Pallanch, M.D., Sioux City, Iowa; William Panje, M.D., Chicago, Illinois; Francis Papay, M.D., Cleveland, Ohio; Patrick Plummer, M.D., Ontario, Oregon; Chris Quilligan, M.D., Orange, California; Richard Quisling, M.D., Nashville, Tennessee; B. Manrin Rains, M.D., Memphis, Tennessee; James Redd, M.D., Lighthouse Point, Florida; Dale Rice, M.D., Los Angeles, California; J. Smythe Rich, M.D., Memphis, Tennessee; Steve Risa, M.D., Denver, Colorado; Lynn Roh, M.D., Omaha, Nebraska; Christopher Rucker, M.D., Norfolk, Virginia; David Sargent, D.O., Aurora, Colorado; Lewis Sarkos,

M.D., Warren, Ohio; Shawn Shianna, M.D., Freeport, Illinois; Frank Shechtman, M.D., New York, New York; David Simms, M.D., Oklahoma City, Oklahoma; Frank Simo, M.D., St. Louis, Missouri; Edward Stevens, M.D., Las Vegas, Nevada; David Volpi, M.D., New York, New York; Barry Wenig, M.D., New Hyde Park, New York; and Anthony Yonkers, M.D., Omaha, Nebraska.

### Accepted as Associate Member:

Tom Abelson, M.D., Cleveland, Ohio; Mats Bende, M.D., Skovde, Sweden; G. Marsden Blanch, M.D., Sandy, Utah; Stanley Blaugrund, M.D., New York, New York; Juraj Braun, M.D., New York, New York; Herbert Camp, M.D., Midland, Michigan; Paul Carniol, M.D., Summit, New Jersey; John Chew, M.D., La Palma, California; Keith Clark, M.D., Oklahoma City, Oklahoma; James Donegan, M.D., Hanover, New Hampshire; Stephen Freifeld, M.D., Springfield, New Jersey; Michael Fritsch, M.D., Indianapolis, Indiana; Ralph Gaskins, Jr., M.D., Atlanta, Georgia; C. W. Gehris, Jr., M.D., Lutherville, Maryland; James Hadley, M.D., Rochester, New York; Alan Hirsch, M.D., Chicago, Illinois; Ken-ichi Hisamatsu, M.D., Yamanashi, Japan; Jonas Johnson, M.D., Pittsburgh, Pennsylvania; Raymond Jorgensen, M.D., Newport Beach, California; Jay Klarsfeld, M.D., Danbury, Connecticut; Michael Knowland, M.D., Portland, Maine; Frederick Kuhn, M.D., Oklahoma City, Oklahoma; Walter Maimon, M.D., Dayton, Ohio; David Milko, M.D., Kalamazoo, Michigan; Kanit Muntarbhorn, M.D., Bangkok, Thailand; John O'Hurley, M.D., Hartford, Connecticut; Alejandro Perez, M.D., Santiago, Chile; Curtis Perry, M.D., Buffalo, New York; Robert Pincus, M.D., New York, New York; Thomas Romo, III, M.D., New York, New York; Allen Seiden, M.D., Cincinnati, Ohio; Jack Shapiro, M.D., Plainview, New York; Akira Terao, M.D., Chiba-Ken, Japan; and Lawrence Weprin, M.D., Garland, Texas.

### Accepted as Junior Member:

Nabil Al-Zaher, M.D., Ontario, Canada; James Boozan, M.D., St. Louis, Missouri; Sujana Chandrasekhar, M.D., New York, New York; David Daly, M.D., Omaha, Nebraska; Mark Deaton, M.D., Indianapolis, Indiana; Barbara Guillette, M.D., Buffalo, New York; Neeraj Gupta, M.D., Detroit, Michigan; Drew Kreegel, M.D., Chapel Hill, North Carolina; Alexander Kuruvilla, M.D., Syracuse, New York; William Lydiatt, M.D., Omaha, Nebraska; Brian Maloney, M.D., Syracuse, New York; Todd Morrow, M.D., Roseland, New Jersey; Patrick Pownell, M.D., Dallas, Texas; Adam Shapiro, M.D., Albany, New York; and Michael Shroyer, M.D., Norfolk, Virginia.